



Alexandra Ellen

Core Ensemble

Alex has always had a love and passion for the theatre, creative arts and performing. She joined the indelabilityarts team as a core ensemble member in 2017.

She started drama classes and performing at 7 years of age, which continued throughout her schooling. Growing up in the Northern Rivers, as a child and teenager she was an active member of Lismore Theatre Company, performing 2-3 times a year in youth productions and pantomimes. She wrote her first one-act play in year 12.

Alex also plays the guitar, sings and love writing poetry, songs, scripts and blogging. While living in Sydney, Alex did a course with improvisation teacher Lyn Pierse and had a 'stand up' comedy sitting down thanks to her dodgy uterus. She also taught drama/musical theatre to Children and Teenagers for two years where she wrote, directed and produced two shows; *Dream Machine* and *It's Tough Being Young*. More recently she was part of Ballina Players' production of *Cash on Delivery* and a highlight was performing with Rachel Beck in *Remnants* with the Duck Creek Mountain Theatre Company.

Alex has Dysthymia, a persistent and treatment resistant form of depression since childhood and PCOS and endometriosis since puberty. In 2011 her conditions developed into a chronic pain syndrome, diminishing her physical abilities. Her favourite word is uterus and she loves talking about subjects that make other people feel uncomfortable.

Alex moved to Brisbane in 2015 to be a youth minister in South Brisbane and is excited to be a part of indelabilityarts where she has the space and opportunity to do what she loves despite her disability.